



Community Action of Napa Valley
Lunch Menu
September 2024

For Information, Call (707) 253-6100 Ext. 111



Menu subject to change without notice. Suggested Donation \$4.50

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<i>Closed for Holiday</i>	Chicken Cacciatore Whole Grain Penne Pasta Green Peas Country Vegetable Blend Fresh Orange* Milk	Yogurt Dill Chicken Salad Carrot Raisin Salad** Whole Wheat Bread Slices (2) Tropical Fruit* Milk	Beef Patty Potato Wedges Broccoli* Whole Grain Hamburger Bun Fresh Pear Milk Ketchup	<i>New!</i> Krab Cake w/Lemon Caper Sauce Brown Rice Whole Kernel Corn Spinach Salad** Fresh Orange* Milk Italian Dressing
9	10	11	12	13
<i>New!</i> Tandoori Chicken Meatballs Brown Rice Capri Vegetables** Applesauce* Milk	Herb Crusted Pork Loin Whipped Potatoes* Mixed Vegetable Blend** Whole Grain Dinner Roll Fresh Apple Milk	Chef Salad  California Vegetable Blend Salad*** Wheat Dinner Roll Fresh Pear Milk Italian Salad Dressing	Potato Crusted Pollock w/ Dill Sauce Brown Rice Pilaf Succotash w/Carrots** Fresh Orange* Milk	Beef/Turkey Taco Meat Pinto Beans Broccoli and Cauliflower* Whole Wheat Tortilla Fresh Pear Chocolate Milk
16	17	18	19	20
Cheese Omelet w/Black Beans O'Brien Potatoes* Whole Wheat Bread Mixed Fruit Milk Grape Jelly	Chicken Fried Brown Rice Whole Kernel Corn <i>New!</i> Asian Green Beans Fresh Orange* Milk Fortune Cookie	<i>New!</i> Pizza Casserole (Whole Grain Pasta in entrée) Broccoli* Spinach Salad** Pineapple Tidbits Chocolate Milk Ranch Salad Dressing	<i>New!</i> Thai Chicken Satay Brown Rice Green Peas California Vegetable Blend*** Fresh Pear Milk	Cuban Pork & Swiss Sandwich Brussels Sprouts w/Potatoes* <i>New!</i> Plantains Whole Grain Hamburger Bun Milk Mustard
23	24	25	26	27
Meatloaf w/Brown Gravy Whipped Potatoes* Carrots** Wheat Dinner Roll Fresh Apple Milk	Turkey Stroganoff Whole Grain Penne Pasta Whole Kernel Corn Broccoli* Fresh Pear Milk	Chicken Fajitas Black Beans & Rice Mixed Green Salad** Whole Grain Tortilla Chips Fresh Orange* Milk Taco Sauce	Salisbury Steak Steakhouse Sauce Yams** Green Beans Whole Wheat Bread Applesauce* Chocolate Milk	BBQ Chicken Leg Quarter Whole Grain Macaroni & Cheese Collard Greens*** Fresh Apple Milk
30				
Creamy Chicken Marsala (<i>New!</i> Creamy Marsala Sauce) Whole Grain Penne Pasta Broccoli* Fresh Pear Chocolate Chip Cookie Milk	 Indicates Menu with ≥ 1,000 mg sodium * Indicates Vitamin C Source ** Indicates Vitamin A Source			