


March 2025 Lunch Menu



PLEASE CALL (707) 253-6100 Ext. 111 FOR RESERVATIONS OR CANCELLATIONS 48 HOURS IN ADVANCE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<p>*Indicates High Vitamin C Source **Indicates High Vitamin A Source ***Indicates High Vitamin A and Vitamin C Source Denotes sodium > 1000mg </p>			<p>Meals on Wheels Program 938 Kaiser Rd., Napa, CA 94558</p>		<p>1 Honey Mustard Chicken Breast Hashbrown Potatoes Green Beans Whole Grain Hamburger Bun Fresh Orange* Milk</p>	<p>2 Beef/Turkey Taco Meat Brown Cilantro Lime Rice Pinto Beans Hot Cinnamon Applesauce* Milk Taco Sauce</p>
<p>3 Oven Fried Chicken Garlic Whipped Potatoes* Spring Vegetable Blend** Whole Grain Dinner Roll Fresh Apple Milk</p>	<p>4 Beef Patty Hashbrown Potatoes Coleslaw* Whole Grain Hamburger Bun Fresh Pear Milk Ketchup</p>	<p>5 <i>Ash Wednesday Meal</i> Potato Crusted Pollock Lemon Orzo Brussels Sprouts* Whole Grain Dinner Roll Fresh Orange Milk Tartar Sauce</p>	<p>6 Mongolian Chicken Brown Rice Japanese Vegetable Blend* Fresh Orange* Milk Fortune Cookie</p>	<p>7 Cheesy Potato Soup* Capri Vegetable Blend** Whole Wheat Bread Hot Cinnamon Applesauce* Chocolate Milk</p>	<p>8 Breaded Krab Cake Brown Lemon Rice California Vegetables*** Fresh Pear Milk</p>	<p>9 Stuffed Pepper Skillet* Carrots** Whole Wheat Bread Hot Pineapple Tidbits Milk</p>
<p>10 Beef Taco Meat Pinto Beans Fiesta Vegetable Blend*** Whole Wheat Tortilla Fresh Pear Milk</p>	<p>11 Chicken Gumbo Brown Rice Broccoli* Fresh Orange* Sugar Cookie Milk</p>	<p>12 Meatloaf w/ Gravy Whipped Potatoes* Tossed Salad Whole Wheat Bread Fresh Apple Chocolate Milk Italian Salad Dressing</p>	<p>13 Creamy Paprika Chicken Whole Grain Rotini Pasta Corn & Carrots** Brussels Sprouts* Fresh Pear Milk</p>	<p>14 Cheese Omelet w/Bruschetta Tater Tots Spinach** Whole Wheat Bread Fresh Orange* Milk Ketchup</p>	<p>15 BBQ Pulled Pork Whole Kernel Corn Green Beans w/Red Peppers* Whole Grain Hamburger Bun Fresh Pear Milk</p>	<p>16 Breaded Chicken Cordon Bleu (WG Breading on Chicken) Carrots** Hot Applesauce* Milk</p>
<p>17 <i>St. Patrick's Day Meal</i> Beef/Turkey Cottage Stew Parslied Red Potatoes Cabbage* Whole Wheat Bread Fresh Orange* Lime Gelatin Milk</p>	<p>18 Pork Stir Fry** (Mixed Vegetables in Entrée) Brown Rice Broccoli* Fresh Pear Milk</p>	<p>19 Harvest Chicken Salad** Whole Grain Roll Tropical Fruit* Milk Italian Salad Dressing (2)</p>	<p>20 Salisbury Steak w/ Gravy Whipped Potatoes* Mixed Vegetable Blend** Multi-Grain Bread Fresh Apple Chocolate Milk</p>	<p>21 <i>New!</i> Creamy Chickpea Tikka Brown Rice Lentil Vegetable Pilaf Cauliflower Fresh Pear Milk</p>	<p>22 Beef Tips w/Gravy Whipped Potatoes* Green Beans Whole Grain Dinner Roll Hot Peaches Milk</p>	<p>23 Mozzarella Chicken (WG Breading on Chicken) Tuscany Vegetable Blend* Hot Pineapple Tidbits Milk</p>
<p>24 Beef/Turkey Sloppy Joe Tater Tots Broccoli w/Cartos*** Whole Grain Hamburger Bun Fresh Pear Chocolate Milk</p>	<p>25 Chicken Noodle Bake (WG Pasta in Entrée) Garden Vegetable Blend*** Fresh Apple Milk Graham Crackers</p>	<p>26 Pork Al Pastor Brown Rice Southwest Corn* Tossed Salad Fresh Pear Milk Ranch Salad Dressing</p>	<p>27 Onion Smothered Beef Whipped Potatoes* Green Beans Whole Grain Dinner Roll Fresh Apple Milk</p>	<p>28 Lemon Pepper Tilapia WG Macaroni & Cheese Green Peas Carrot Amandine** Fresh Orange* Milk</p>	<p>29 Egg Patty w/Cheese Breakfast Turkey Sausage Patty Hashbrown Potatoes Whole Wheat English Muffin Hot Applesauce* Milk</p>	<p>30 Chopped Steak w/Mushroom Gravy Brown Pilaf Rice Fall Vegetable Hash* Carrots** Fresh Pear Milk</p>
<p>31 Tuscan Chicken Meatballs Whole Grain Rotini Pasta Tuscany Vegetable Blend*** Fresh Apple Milk</p>						