


January 2025 Lunch Menu



COMMUNITY ACTION OF NAPA VALLEY

PLEASE CALL (707) 253-6100 Ext. 111 FOR RESERVATIONS OR CANCELLATIONS 48 HOURS IN ADVANCE

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Meals on Wheels Program 938 Kaiser Rd., Napa, CA 94558		1 Beef Patty Potato Medley** Whole Grain Hamburger Bun Fresh Orange* Milk	2 Tarragon Chicken Whole Kernel Corn Broccoli* Whole Grain Dinner Roll Fresh Pear Milk	3 Honey Ginger Glazed Pork Brown Fried Rice Japanese Vegetable Blend* Fresh Apple Milk Fortune Cookie	4	5
6 Chicken Chili Whole Kernel Corn Green Beans w/Carrots** Whole Grain Roll Fresh Orange* Milk	7 Pork Stir Fry** (Mixed Vegetables in Entrée) Brown Rice Broccoli* Fresh Apple Milk	8 Harvest Chicken Salad** Whole Grain Roll Tropical Fruit* Milk Italian Salad Dressing (2)	9 Salisbury Steak w/ Gravy Whipped Potatoes* Mixed Vegetable Blend** Whole Grain Dinner Roll Fresh Apple Chocolate Milk	10 <i>New!</i> Creamy Chickpea Tikka Brown Rice Lentil Vegetable Pilaf Cauliflower Fresh Pear Milk	11 Beef Tips w/Gravy Whipped Potatoes* Green Beans Whole Grain Dinner Roll Hot Peaches Milk	12 Mozzarella Chicken (WG Breading on Chicken) Tuscany Vegetable Blend* Hot Pineapple Tidbits Milk
13 Beef/Turkey Sloppy Joe Tater Tots Broccoli w/Cartos*** Whole Grain Hamburger Bun Fresh Pear Chocolate Milk	14 Chicken Noodle Bake (WG Pasta in Entrée) Garden Vegetable Blend*** Fresh Apple Milk Graham Crackers	15 Pork Al Pastor Brown Rice Southwest Corn* Tossed Salad Fresh Pear Milk Ranch Salad Dressing	16 Onion Smothered Beef Whipped Potatoes* Green Beans Whole Grain Dinner Roll Fresh Apple Milk	17 Lemon Pepper Tilapia WG Macaroni & Cheese Peas & Carrots* Tropical Fruit* Milk	18 Egg Patty w/Cheese Breakfast Turkey Sausage Patty Hashbrown Potatoes Whole Wheat English Muffin Hot Applesauce* Milk	19 Chopped Steak w/Mushroom Gravy Brown Pilaf Rice Fall Vegetable Hash* Carrots** Fresh Pear Milk
20 Tuscan Chicken Meatballs Whole Grain Rotini Pasta Tuscany Vegetable Blend*** Fresh Apple Milk	21 BBQ Pork Riblet Hawaiian Baked Beans Carrots** Whole Grain Hamburger Bun Fresh Orange* Chocolate Milk	22 Chicken Tortilla Soup California Vegetable Blend*** Tossed Salad WG Tortilla Chips Fresh Apple Milk Ranch Salad Dressing	23 Turkey Breast w/ Gravy Whipped Sweet Potatoes*** Brussels Sprouts* Whole Grain Dinner Roll Fresh Pear Milk Margarine	24 Tofu Fried Rice Edamame Japanese Vegetable Blend* Fresh Apple Milk Fortune Cookie	25 Honey Mustard Chicken Breast Hashbrown Potatoes Green Beans Whole Grain Hamburger Bun Fresh Orange* Milk	26 Beef/Turkey Taco Meat Brown Cilantro Lime Rice Pinto Beans Hot Cinnamon Applesauce* Milk Taco Sauce
27 Oven Fried Chicken Garlic Whipped Potatoes* Spring Vegetable Blend** Whole Grain Dinner Roll Fresh Apple Milk	28 Beef Patty Hashbrown Potatoes Coleslaw* Whole Grain Hamburger Bun Fresh Pear Milk Ketchup	29 Chef Salad** (Mixed Lettuce in entrée) Whole Grain Dinner Roll Tropical Fruit* Milk Ranch Salad Dressing (2)	30 Mongolian Chicken Brown Rice Japanese Vegetable Blend* Fresh Orange* Milk Fortune Cookie	31 Cheesy Potato Soup* Capri Vegetable Blend** Whole Wheat Bread Hot Cinnamon Applesauce* Chocolate Milk	*Indicates High Vitamin C Source **Indicates High Vitamin A Source ***Indicates High Vitamin A and Vitamin C Source  Denotes sodium > 1000mg	