

Napa Valley Food Bank

The Napa Valley Food Bank assists people to become (or remain) self-sufficient by lessening the stress of meeting their basic need for food. We provide food to low-income individuals, families, seniors, and to other organizations serving those less fortunate, through unique partnerships that maximize the foodstuffs we are able to supply to Napa County's low-income people.

Emergency Food Pantries: Low-income residents of Napa County may receive an allotment of food from one of our 6 locations every thirty days. These allotments are based on household size, but all consist of meat, dairy, produce, and dry and canned food items. Food pantries are located in Napa, Calistoga, St. Helena, Lake Berryessa, Angwin, and American Canyon and together serve an average of more than 1,000 households each month.

The Natural Source is a Culinary and Community Garden Project benefiting the Food Bank in collaboration with COPIA and Vintage High School. The garden provides nutritional, business, culinary, and environmental education to students while stocking the Food Bank with fresh produce on a year-round basis. Two-thirds of the harvest goes to the Food Bank, and one-third is available for consumption at Vintage High School, as an alternative to some of the usual, less healthy, food choices.

The Senior Brown Bag Program enables seniors over the age of 60 to remain independent as long as possible, by giving them a "Brown Bag" with approximately 10-14 food items twice a month. Food items include fresh fruit, canned vegetables, oatmeal, bottled water, pasta, and canned tuna. Seniors may pick up Brown Bags from 11 sites throughout Napa County, or volunteer drivers deliver food to those who are infirm or disabled. There is no cost required but a yearly donation of \$12.00 is encouraged. An average of 275 households are served each month.

USDA Surplus Food: The United States Department of Agriculture contracts with the Napa Valley Food Bank to administer 6-8 nonperishable food staples to low-income Napa County residents once per month from 9 locations. Items typically include peanut butter, cereal, canned fruits and vegetables, pasta, and canned meat.

Friday Free Market: So as not to waste any resources and due to our fairly small warehouse space, every Friday any surplus food and/or perishable we may have at our main warehouse site is offered to residents of Napa County. There is no income eligibility and clients who utilize our other programs as well as those who do not qualify are encouraged to access this program to offset their ongoing need for food.

- Quality standards
- Emergency Programs
- Encourages Self-Sufficiency
- Nutrition Focused
- Community Minded
- Wide Reach

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